

The alcoholic's denial of his need for people leads to his eventual denial that he is an alcoholic. Consequently, recovery is dictated by reversing the process. First, the alcoholic must admit that he is an alcoholic and then he must ultimately admit he needs people.



("I don't need anyone,")

Addiction

2) DENIAL OF NEED FOR ALCOHOL AND DRUGS

("I am not addicted to alcohol and drugs.")

1st Step

3) ACCEPTANCE OF NEED FOR ALCOHOL AND DRUGS

("I am addicted to alcohol and drugs.")

Recovery

4) ACCEPTANCE OF NEED FOR OTHERS

("I need other people.")